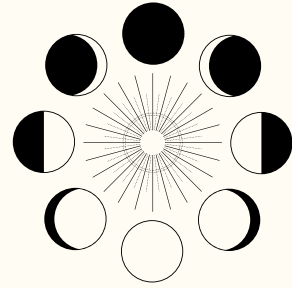


SPELLWORK

Record

DATE: / / Time:








INTENTION:

DAY OF THE WEEK:

Chant or Petition:

MOOD

-  ANGRY
-  TIRED
-  SAD
-  HAPPY
-  EXCITED

INGREDIENTS:

NOTES/REMINDER:

RESULTS:
